

# Bliss MINDFULNESS

**Covid- 19 Risk Assessment:** Completing 121 appointments.

**Assessment carried out by:** Victoria Hornsby

**Date Assessment Took Place:** April 2021

**Next Review Date:** October 2012

**Venue:** The Nesting Place

Potential risk and to who?	Actions currently in place	Further Actions to be in place to minimise risk	Who is completing the actions and time line for these to be actioned.	Action completed.
Spreading the Covid-19 virus between clients, families and wider communities.	An email to client arranging time and date for the appointment.	<p>To administer a Covid-19 health form &amp; procedure form to each client prior to visit to ensure no symptoms are present for themselves or a member of the household up to the time arranged by the client and that the client is happy with the new protocol.</p> <p>Booking to be checked with the Nesting Place and communicated so not to cross over with other practitioners.</p>	<p>New Health Form to be created by September 1st 2020.</p> <p>Text or Email Kia Dawn Welham once appointment has been made.</p>	Health Screening documents and Policy and Procedure details can be found <a href="#">here</a> .

		Email communication to each client with procedure guidelines at least 48 hours before appointment.	It is my responsibility to ensure I have communicated 24-48 hours before our appointment to ensure all procedures and health screening form has been completed and returned.	
	On arrival to the Nesting Place.	All clients will be asked to wait in the car before entering the building.  I will greet every client on arrival and complete a number of actions to ensure safety of myself and client.	This will be communicated in the procedure guidelines already given to the client.  There will be a PPE station where I will check a client's temperature, given antibacterial gel or asked to wash their hands before being shown to the room.	
	Take an offer for a drink from a client.	No drink will be offered	Each client in the communication will be asked to bring along their own refreshments.	

	<p>Use notebook and music for the appointment to record information and actions through visit and play music or share essences or oils to aid in relaxation.</p>	<p>All equipment brought into the venue will be wiped over with antibacterial wipes.</p> <p>The venue will have all windows opened to allow ventilation.</p> <p>Music can be played through the session but at a low level so no voices are raised.</p> <p>No essences unless prescribed before starting the appointment will be brought sealed and cleaned beforehand.</p> <p>No essential oils are to be used through the session.</p>	<p>All wipes used will be taken away to be disposed of in a secure bin.</p> <p>All windows through the corridor and room to be opened and closed once appointment has ended.</p> <p>A speaker will be brought, wiped with antibacterial wipes and placed in an area where the sound is low, and everyone is able to hear.</p>	
	<p>On leaving the venue</p>	<p>Clients must be escorted out of the building and not</p>	<p>I will leave the room and move through the venue,</p>	

		touch any of the door handles to reduce the risk of contamination.	opening the door for them.	
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